



# Annual Medical Package

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# AUTHORIZATION FOR MEDICAL TREATMENT

PLEASE PRINT (Update for each event requiring medication)

| YOUNG MARINE INFORMATION |                           |                        |                |
|--------------------------|---------------------------|------------------------|----------------|
| Last Name                |                           | First Name             | Middle Initial |
| Age                      | Birthdate<br>(MM/DD/YYYY) | Social Security Number |                |
| Parent/Guardian Name     |                           | Relationship           |                |
| Home Address<br>Street   | City                      | State                  | Zip Code       |
| Primary Phone            |                           | Secondary Phone        |                |
| Work Phone               |                           | Email Address          |                |

| PART I: MEDICAL CONSENT (Parent or Legal Guardian is required to complete)  |      |
|---|------|
| I certify that I am the parent, legal guardian, or other person in legal control of the above identified child and request and authorize that by child be administered appropriate first aid and/or taken to the nearest medical facility for emergency treatment as necessary. |      |
| Parent or Legal Guardian Signature  | Date |

| PART II: PERMISSION TO USE OVER-THE-COUNTER MEDICATION (If not completed, the Young Marine will not receive medication)   |      |
|---|------|
| My child identified above has my permission to take any over-the-counter medications in accordance with label instructions as needed with the exception of: _____ while attending Young Marines activities. |      |
| Parent or Legal Guardian Signature  | Date |

| PART III: PERMISSION TO DISPENSE PRESCRIPTION MEDICATION (If not completed, the Young Marine will not receive medication)   |      |
|---|------|
| I request and authorize that my child identified above be administered the following prescription medication:<br>_____  |      |
| In accordance with the medical doctor's instructions on the original and un-expired label. I certify that my child has a valid reason for taking the medication during Young Marines Activities. This permission is valid from (beginning date) _____ to (ending date) _____. |      |
| Parent or Legal Guardian Signature  | Date |

| PART IV: MEDICATION ADMINISTRATION RECORD |          |   |                       |
|---|----------|---|-----------------------|
| Medication Name                           | Strength | Form of Medication<br><input type="checkbox"/> Liquid <input type="checkbox"/> Tablet <input type="checkbox"/> Aerosol <input type="checkbox"/> Ointment <input type="checkbox"/> Other |                       |
| Dosage & Time                             |          | Date  | Administrator/Witness |
| Medication Name                           | Strength | Form of Medication<br><input type="checkbox"/> Liquid <input type="checkbox"/> Tablet <input type="checkbox"/> Aerosol <input type="checkbox"/> Ointment <input type="checkbox"/> Other |                       |
| Dosage & Time                             |          | Date  | Administrator/Witness |
| Medication Name                           | Strength | Form of Medication<br><input type="checkbox"/> Liquid <input type="checkbox"/> Tablet <input type="checkbox"/> Aerosol <input type="checkbox"/> Ointment <input type="checkbox"/> Other |                       |
| Dosage & Time                             |          | Date  | Administrator/Witness |
| Medication Name                           | Strength | Form of Medication<br><input type="checkbox"/> Liquid <input type="checkbox"/> Tablet <input type="checkbox"/> Aerosol <input type="checkbox"/> Ointment <input type="checkbox"/> Other |                       |
| Dosage & Time                             |          | Date  | Administrator/Witness |
| Medication Name                           | Strength | Form of Medication<br><input type="checkbox"/> Liquid <input type="checkbox"/> Tablet <input type="checkbox"/> Aerosol <input type="checkbox"/> Ointment <input type="checkbox"/> Other |                       |
| Dosage & Time                             |          | Date  | Administrator/Witness |



# HEALTH HISTORY

PLEASE PRINT

To Be Completed By Parent/Legal Guardian Annually

Note: Your child will NOT be disqualified from the program based on information provided here.

| YOUNG MARINE INFORMATION |                           |                        |                    |                |
|--------------------------|---------------------------|------------------------|--------------------|----------------|
| Last Name                |                           | First Name             |                    | Middle Initial |
| Age                      | Birthdate<br>(MM/DD/YYYY) | Social Security Number |                    |                |
| Parent/Guardian Name     |                           |                        |                    |                |
| Primary Physician's Name |                           |                        | Date of Last Visit |                |
| Dentist's Name           |                           |                        | Date of Last Visit |                |

| HEALTH HISTORY  |      |    |                                 |
|---|------|----|---------------------------------|
| Condition   | *YES | NO | Remarks (*Yes requires remarks) |
| Wears eye glasses / contact lenses  |      |    |                                 |
| Is on a restricted diet   |      |    | Specify:                        |
| Wears a hearing aid   |      |    |                                 |
| Diabetes  |      |    | Last HbA1c percentage and date: |
| Is under a doctor's care  |      |    |                                 |
| Hypertension (high blood pressure)  |      |    |                                 |
| Adult or congenital heart disease / heart attack / chest pain (angina) / heart murmur / coronary artery disease / any heart surgery or procedure / suffered Rheumatic Fever. Explain all "yes" answers. |      |    |                                 |
| Family history of heart disease or any sudden heart-related death of a family member before age 50.   |      |    |                                 |
| Stroke/ TIA   |      |    |                                 |
| Asthma  |      |    | Last attack date:               |
| Lung/ respiratory disease   |      |    |                                 |
| Ear/ eyes/ nose/ sinus problems   |      |    |                                 |
| Muscular/ skeletal condition/ muscle or bone issues   |      |    |                                 |
| Head injury/ concussion   |      |    |                                 |
| Psychiatric/ psychological or emotional difficulties  |      |    |                                 |
| Behavioral/ neurological disorders  |      |    |                                 |
| Blood disorders/ sickle cell disease  |      |    |                                 |
| Fainting spells and/ or dizziness   |      |    |                                 |
| Kidney Disease  |      |    |                                 |
| Seizures  |      |    | Last seizure date:              |
| Abdominal/ stomach/ digestive problems  |      |    |                                 |
| Excessive fatigue   |      |    |                                 |
| Thyroid Disease   |      |    |                                 |
| Obstructive sleep apnea/ sleep disorders  |      |    | CPAP: Yes No                    |
| List all surgeries and hospitalizations   |      |    |                                 |
| List any other medical conditions not covered above   |      |    |                                 |

| ALLERGIES |    |                        |         |     |    |                        |         |
|-----------|----|------------------------|---------|-----|----|------------------------|---------|
| Yes       | No | Allergies or Reactions | Explain | Yes | No | Allergies or Reactions | Explain |
|           |    | Medication             |         |     |    | Plants                 |         |
|           |    | Food                   |         |     |    | Insect stings / bites  |         |

| IMMUNIZATION  |  |
|---|--|
| I certify that the above named child is current on all recommended vaccines and have provided appropriate records to accompany this report OR the Immunization Exemption Request Form has been submitted.<br>Tetanus immunization is required and must have been received within the last 10 years. | Date of Last Tetanus Shot:<br>Immunization Waiver Attached: Yes No |

**I certify the above health history information to be complete, correct, and true to the best of my knowledge.**

|                                    |      |
|------------------------------------|------|
| Parent or Legal Guardian Signature | Date |
|------------------------------------|------|



## PHYSICAL EXAMINATION

PLEASE PRINT

*To be completed by certified and licensed physicians (MD, DO),  
nurse practitioners, or physician's assistants.*

*A current school or sports physical may substitute, if done during  
the current school year. Photocopy must be included in YMRB.*

### YOUNG MARINE INFORMATION

|           |            |                |  |
|-----------|------------|----------------|--|
| Last Name | First Name | Middle Initial | Date of Birth<br><small>(MM/DD/YYYY)</small> |
|-----------|------------|----------------|--|

! You are being asked to certify that this individual has no contraindication for participation in the Young Marines program. Please fill in the following information: !

### VITALS

|        |        |                |       |
|--------|--------|----------------|-------|
| Height | Weight | Blood Pressure | Pulse |
|--------|--------|----------------|-------|

### EXAMINATION

|                  | Normal | Abnormal | Explain Abnormalities |
|------------------|--------|----------|-----------------------|
| Eyes/Vision      |        |          |                       |
| Ears/Nose/Throat |        |          |                       |
| Lungs            |        |          |                       |
| Heart            |        |          |                       |
| Abdomen          |        |          |                       |
| Hernia           |        |          |                       |
| Musculoskeletal  |        |          |                       |
| Neurological     |        |          |                       |
| Other            |        |          |                       |

### RESTRICTIONS

Provide additional remarks or instructions if participation in the Young Marines is conditional due to any medical conditions not provided in the remarks above.

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### EXAMINER'S CERTIFICATION

I certify that I have reviewed the health history and examined the person identified above and find no contraindications for participating in the Young Marines program. This participant (with noted restrictions):

|  | True | False | Explain |
|--|------|-------|---------|
| Does not have uncontrolled heart disease, asthma, seizures, or hypertension. |      |       |         |
| Has no uncontrolled psychiatric disorders.                                   |      |       |         |
| Does not have poorly controlled diabetes.                                    |      |       |         |

|                         |                |   |
|-------------------------|----------------|---|
| Examiner's Signature    | Date of Exam   | <b><u>VALID ONLY WITH PHYSICIAN'S STAMP</u></b> |
| Print Examiner's Name   | Title          |   |
| Office Address          | Suite          |   |
| City                    | State      Zip |   |
| Office Telephone Number |                |   |